



2024 Impact Report

JULY 2023 — JUNE 2024

Claris Health®

CLARIS means
clarity or *brightness*,
and that is exactly
what we offer.

CORE VALUES



LIFE. We value all human life.

EMPATHY. We walk in each other's shoes.

INTEGRITY. We do what's honest and ethical.

PASSION. We inspire ambassadors.

GRATITUDE. We give thanks.

COMMUNITY. We welcome you into the family.

Letter from our President & CEO:

As we reflect on the past year, we are filled with gratitude and awe at the remarkable growth, collaboration, and impact that Claris Health has experienced. Our 47-year legacy of offering life-changing services continues to evolve and expand, meeting the ever-growing need for the Claris Way of whole-person, loving care.

We remain steadfast in our commitment to meet people in their darkest moments, offering the promise of a brighter future. Here are a few highlights of how we've seen this come to life this year:

Expanding Prenatal Care:

*Group-based prenatal care, based on the **Centering Pregnancy** model, is now offered in English and Spanish at our Lynwood clinic. This innovative approach brings expectant mothers together, fostering a supportive community during this crucial time.*

Robust Parenting Support:

Our Pregnancy and Parenting Support Program has grown exponentially, offering a variety of classes both in-person and virtually, across more than 20 states, in English and Spanish.

Impactful Partnerships:

We've strengthened collaborations with 388 local partners, often providing critical services and creating a continuum of care for those visiting any Claris Health facility.

Maintaining Excellence:

Claris once again received accreditation from the Accreditation Association for Ambulatory Healthcare (AAAHC), affirming our commitment to operating at the highest possible standards.

Looking forward, we've taken significant steps toward creating permanency around our vision for comprehensive care. In June 2024, we closed escrow on a property in Inglewood to build a community campus where multiple providers will collaborate and create a beautiful, safe place for individuals and families to access healthcare and social services under one roof.

At the heart of all we do is our deep belief in the dignity and worth of every person who comes through our doors, no matter what circumstances bring them to us. Our hope is to equip women and men to see pregnancies and parenting as opportunities for brighter futures, fostering vibrant lives filled with hope, enabling them to care for themselves and their families and contribute positively to their communities.

Your continued support makes all of this possible, and we invite you to consider how you can further engage with our mission.

Thank you for being an integral part of the Claris Health community and for creating brighter and healthier futures in LA and beyond.

With gratitude and hope,



Jacy Corral
BOARD PRESIDENT



Talitha Phillips
CEO

Our Mission

Equipping and caring for individuals and their families **before, during, and after** pregnancy and sexual-health choices.





Our Vision

Creating a standard where pregnancy and sexual-health choices become opportunities for brighter futures.



2,031

UNIQUE CLIENTS SEEN



8,148

TOTAL SERVICES PROVIDED



13,353

STUDENTS + PARENTS IN LA
RECEIVED SEXUAL & RELATIONAL-
HEALTH EDUCATION



258

PARENTS WERE SERVED WITH
COURT-MANDATED PARENTING
CLASSES & SUPPORT

Overall Stats



99%

PATIENT/CLIENT
SATISFACTION



88%

OF PREGNANT PATIENTS WERE
EQUIPPED TO PARENT AFTER
RECEIVING EDUCATION + SUPPORT

THE CLARIS WAY:

Our Model of Care



BEFORE

- Sexual-Health Education + Youth Mentorship
- Well Woman Exams
- General Health Assessments
- Sexually Transmitted Disease (STD) Testing & Treatment



DURING PREGNANCY

- Pregnancy Testing
- Options Education
- Prenatal Care
- Case Management + Community Resources



AFTER PREGNANCY

- Pregnancy Loss Support
- Adoption Support
- Therapy
- Childbirth & Parenting Classes
- Case Management & Community Referrals



CAMPUS UPDATE:

A Dream Coming True

EXCITING NEWS!

In June 2024, we closed escrow on a property at **3200 W. Manchester Blvd** in Inglewood, CA – bringing our campus dreams closer to a reality!



To expand our vision for comprehensive care, we launched a capital campaign in 2021 to create a community campus where multiple providers join together to serve, support, and come alongside those at-risk of or facing unexpected and challenging pregnancies.



ABOVE: INSIDE THE CURRENT FACILITY (PRE-CONSTRUCTION)

PREVIOUS PAGE: CONCEPT RENDERING

This initiative is propelled by a deep understanding of the unique challenges and inequities faced by people and families in South LA and a desire to invest in the collaboration of providers to eliminate barriers created by fragmented care. **By co-locating agencies that are committed to trauma-informed practices and serving women and families in need, it will be easier for patients to access services, increase their trust in services and providers, and improve outcomes.**

Once construction is completed, the new campus will include a three-story, 20,000+ square foot building with medical and office space for service providers (e.g. housing, domestic violence, mental health, specialized medical care, employment services, legal assistance, and more). Included in this campus will be shared classrooms, conference rooms, caseworkers, a safe playground, drop-in childcare while parents visit the campus, and much more.

Our goal is to create a beautiful, safe place for individuals and families to access healthcare and social services under one roof and provide ongoing connection and community.

To fund this bold vision for the future, we've embarked on a \$24M capital campaign. Supporters have committed \$13M to date, and we're inviting other individuals and community partners, who share our commitment to whole-person care, to invest in this critical undertaking for the benefit of those who need us most.

To learn more about the campaign or to view a formal business plan, contact talitha@clarishealth.org.



STORIES OF IMPACT

Reality Check

As a teacher who normally has to teach sexual health, I loved an outside organization bringing in the information. I also liked how it wasn't all about sex and STIs, but also how kids portray themselves in social media, etc.

• **TEACHER, La Serna High School**

The speaker did so amazing! I have learned so much from her in all my reality checks. She has really helped me be more aware of subjects that are not so comfortable to talk about with others.

• **STUDENT, St. Mel Catholic School**

He [the speaker] would always make it engaging for the students and would use students as examples in order to help us understand more.

• **STUDENT, Animo Leadership**

Medical, Therapy, Parenting Support



This is the
first place
in LA where
I've felt truly
supported.

— Jessica

When I found out I was pregnant, I panicked. It was an acceptance of my whole life changing. I started to grieve the life I was on a path for. There was a rush of emotions, excitement, fear, you name it. I didn't tell anyone. I wanted to process my own feelings without judgment. Being in LA without family and not knowing where to go was overwhelming. I heard about Claris through a co-worker. I needed a doctor but was waiting for my insurance to go through. I also needed a way to process all of what I was feeling. **As soon as I walked into Claris a weight fell off of my shoulders.** Having Claris as an outlet has changed my life immensely. Not only did I get medical care, I got therapy services.

A big barrier for me at the time was not having transportation. It was overwhelming. My therapist mentioned that Claris could help me with rides for my counseling, parenting classes, and medical visits. It took a huge stress off of me. This is the first place in LA where I've felt truly supported especially versus other clinics that I've been there. [There] you feel like you're just a number, but at Claris you feel like you're a person. They take your feelings into consideration and give you true, kind, and caring support. I've never had anything like that. **I can't wait to see how I will show up for my son now with all of these amazing new avenues of support.**



In those moments when
I felt like I had no options,
Claris gave me options.

—Sasha

I grew up in China, and just came to the US two years ago when my husband and I moved here so he could study.

I heard about Claris at my church and thought I'd volunteer, but a few months later I found out that I was pregnant. Having this baby was not planned. We found the Claris brochure that I took when I wanted to volunteer. **I made an appointment for my first (prenatal) check up and we both felt this intense care and love.** I was tearing up not because I was sad but because I was overwhelmed by the care and attention and dignity that we were given.

After my baby was born, I had severe post-partum depression. I was having suicidal thoughts. I felt like I was so confused and angry. Claris really showed up (again) during that time with their therapy services. At first, I felt like I was trying to get away from therapy because everything was too painful, but it has taught me so much about myself, about life, about people, about humanity, about God. **Without Claris, I would not have had to space process all of this.** In those moments when I felt like I had no options, Claris gave me options.

PROGRAM HIGHLIGHT

Parenting

Claris Health offers a robust Pregnancy and Parenting Support Program with two major components:



1

Parenting Support :

A variety of free classes, both in-person and virtual (English and Spanish), for anyone who is pregnant or parenting a child 0-5. Classes cover topics such as discipline, developmental milestones, and much more! We also offer childbirth education and lactation support.

2

Family Preservation & Reunification:

Court-approved parenting classes to meet the needs of parents who find themselves interacting with the child welfare system and to satisfy any court-mandated requirements.



2024 Program Highlights

- We partnered with the national early literacy organization, **RAISING A READER**, to facilitate workshops that highlight the importance of early literacy as it applies to parent-child bonding.
- We've started offering on-site classes at some of our community partner organizations including **HARVEST HOME, SHIELDS FOR FAMILIES, CLARE/MATRIX, GABRIEL'S HOUSE, DOWNEY LIBRARY**, and the **WESTSIDEREGIONAL CENTER**. Our extensive curriculum allows classes to be tailored to each individual organization's needs.
- We currently have 24 volunteers and 2 staff members dedicated to the **FAMILY REUNIFICATION PROGRAM** to bring moms from a place of crisis to a place of stability. **Over the past 2 years, we have served nearly 140 moms with another 32 currently in the program. Within these families, 468 children have been impacted by this intentional support.**





PARTNER HIGHLIGHT:

Shields for Families

Our partnership with Shields for Families began over a decade ago when we started offering Reality Check presentations to Shields' participants at their charter high schools. In 2019, when the mobile clinic launched, Shields was one of the first community partners to sign on.

Over the years the partnership has continued to grow. Recently, Shields was awarded a federal grant to become a Certified Behavioral Health Clinic and selected the Claris mobile clinic as their medical provider for these critical services.

The mobile clinic is now on-site weekly, rotating between the many Shields sites, offering pregnancy and sexual-health services. In the next few months, we're also expanding to offer parenting classes and wellness workshops. We're grateful for this longtime partnership and shared commitment to serve the South LA community!



ONE OF OUR SHIELDS FOR FAMILIES SITES

**By partnering
with Claris...
it is the ideal
warm handoff.**

—DANIELLE LOWE
Behavioral Health Services

Shields for Families, a community-based organization, has been in South LA for over 32 years. Healthcare is an important part of our treatment model, and we work diligently to incorporate health into all elements of treatment! By partnering with Claris, and specifically having the mobile clinic come directly to us, our clients know we don't bring any outsiders in that they can't trust. It is the ideal warm handoff. We (staff from Claris and Shields) are there with each other, and they see the medical staff communicating with us and know it's not going to lead to unnecessary involvement with child welfare or any other system. For us, it's been the key to engaging our participants in medical services again. We look forward to our continued partnership, and seeing all of our youth and families take advantage of this amazing opportunity!



CHAMPIONING
THE CLARIS WAY

Highlights





765

DONORS CONTRIBUTED,
INCLUDING 182 CLARIS CARES
MEMBERS (MONTHLY SUPPORTERS)

FINANCIAL SUPPORT WAS
RECEIVED FROM PEOPLE IN
35 DIFFERENT STATES



35



\$100,000

**DONATED IN VOLUNTEER
SERVICES & GOODS**



388

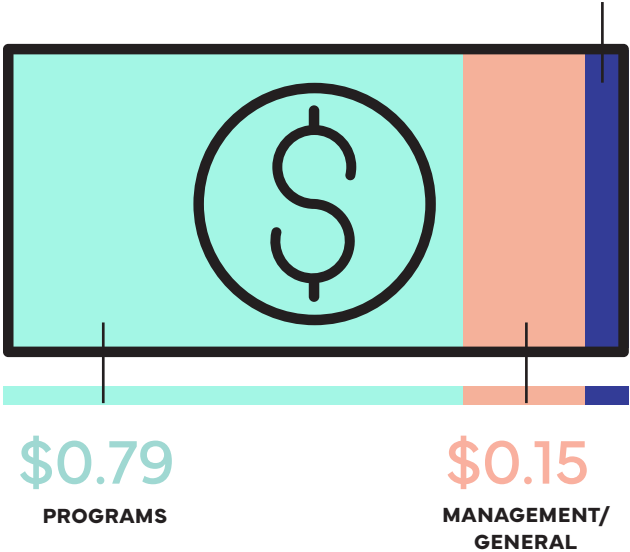
COMMUNITY PARTNERS
HAVE JOINED OUR NETWORK
TO PROVIDE HOUSING,
EMPLOYMENT, SPECIALIZED
HEALTHCARE, AND MUCH MORE
FOR PATIENTS AND CLIENTS

Financials

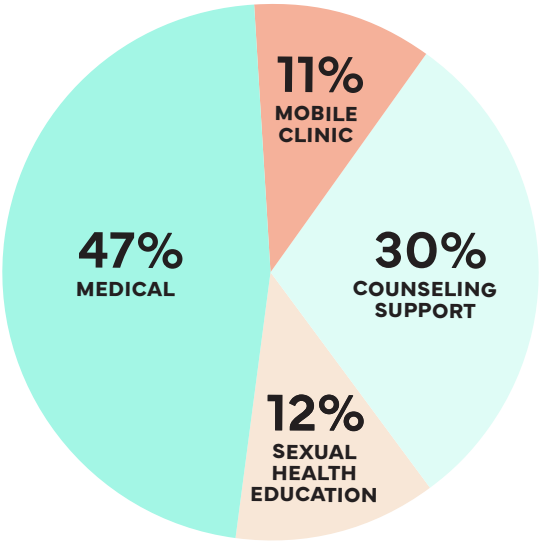
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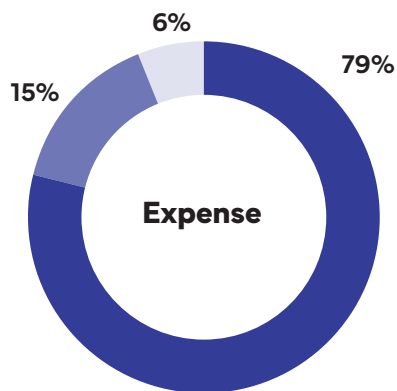
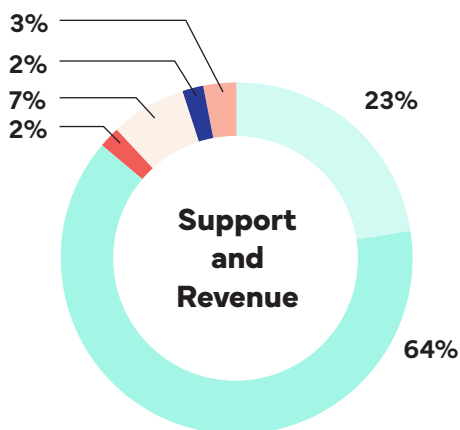
FUNDRAISING

For
Every
Dollar
Spent



Breakdown
of Program
Dollars Spent





- Contributions - general
 - Program
 - Contributions - capital campaign
 - Management & General
 - Other Income
 - Fundraising
 - Gifts In-Kind
- Event Revenue, net
 - Program Income

SUPPORT & REVENUE	2024	2023
Contributions - general	1,883,331	1,299,008
Contributions - capital campaign	5,275,536	0
Program Income	125,931	64,309
Event Revenue, net	550,102	404,867
Gifts In-Kind	161,139	154,309
Other Income	212,844	117,073
Total	8,208,883	2,039,566

EXPENSE	2024	2023
Program	1,855,343	1,647,820
Management and general	343,093	407,003
Fundraising	143,991	171,339
Total	2,342,427	2,226,162



CHAMPIONING THE CLARIS WAY

Leadership

BOARD OF TRUSTEES:

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Kyra Schivley, Member

I think there's lots of ways we can spend our time, our money, our effort. But those things are fleeting. Those things won't last. And when we give towards a place like Claris, that will change lives and then those lives will change other lives. There's no way to measure that impact and, to me, that's the perfect place to support.

- Daniel Furukawa, Second Collective





Clariss Health[®]

clarishealth.org

501(c)(3) community-based, non-profit organization in Los Angeles, CA