

CLARIS HEALTH IMPACT REPORT

TABLE OF <u>CONTENTS</u>

3	OUR CORE VALUES	9	THE CLARIS WAY: OUR MODEL OF CARE
5	A MESSAGE FROM OUR PRESIDENT & CEO	10	CAMPUS UPDATE

6 OUR MISSION & OUR VISION

8 HOW WE CARE: OVERALL STATS 12 STORIES OF IMPACT

16 CHAMPIONING THE CLARIS WAY: HIGHLIGHTS, FINANCIALS, LEADERSHIP





OUR <u>CORE VALUES</u>



Life we value all human life.



Empathy we walk in each other's shoes.



Gratitude we give thanks.



Passion we inspire ambassadors.



Integrity we do what's honest and ethical.



Community we welcome you into the family.

CLARIS MEANS

OR BRIGHTNESS—AND THAT IS EXACTLY WHAT WE OFFER.

A Message from Our President & CEO

As we reflect on the past year, we are overwhelmed by the incredible opportunities for growth, collaboration, and community that Claris has experienced despite the complex climate we must thoughtfully navigate.

Claris still has remarkable opportunities to uphold the 46-year legacy that originated when a small group of compassionate women recognized the need for an organization to offer life-changing services to those facing critical decisions about their sexual health and pregnancy. Today, there is more need than ever for the Claris Way of whole-person, loving care. As our world continually evolves, we are deeply humbled by the ongoing efforts to clear the path for Claris to arow and extend our services to more individuals and families. We are resolute in our purpose to journey with people before, during, and after pregnancy and sexual-health choices. These moments may feel life-shattering to many, but to us, they are opportunities to paint pictures of hope and fight for brighter futures.

Claris continues to make a unique impact in Los Angeles, from expectant parents facing an uncertain future to middle and high school students contemplating their health choices to marginalized individuals receiving life-giving care through our mobile unit.

In the past year, and in response to the evolving healthcare landscape, we've celebrated many victories! The Virtual Care Program expanded, allowing us to reach even more individuals in need and break down geographical barriers. Spanish speaking staff and services now include therapy, prenatal care, and parenting groups, making our services more accessible to the diverse communities served and ensuring that language is not a barrier to receiving the care and support people deserve. And, we have continued to lay a firm foundation for future outreach into the city of LA by forging partnerships with over 300 organizations that share our mission.

When people come to Claris, they often comment that they were treated like family. And, for many, it's the first positive example of family that they've experienced. Your dedication is making a profound difference by sustaining this one-of-a kind model of care.

We look to the future, inspired and humbled by your unwavering support, and invite you to consider next steps in which you can further engage with the mission and cause. This may include giving generously, lending your time and expertise, and spreading awareness in your sphere of influence! Together, we can continue to be a beacon of light, clarity, and compassion in the lives of individuals and families throughout Los Angeles and beyond.

Thank you for being an integral part of the Claris Health community, creating brighter and healthier futures for all.



JACY CORRAL BOARD PRESIDENT



TALITHA PHILLIPS CEO

OUR <u>MISSION</u>

EQUIPPING AND CARING FOR INDIVIDUALS AND THEIR FAMILIES **BEFORE**, **DURING**, AND **AFTER** PREGNANCY AND SEXUAL-HEALTH CHOICES. 8



OUR <u>VISION</u>

CREATING A STANDARD WHERE PREGNANCY AND SEXUAL-HEALTH CHOICES BECOME OPPORTUNITIES FOR **BRIGHTER FUTURES**.

How We Care: OVERALL STATS



1,747 UNIQUE CLINIC PATIENTS



5,210 SERVICES PROVIDED



8,210 STUDENTS + PARENTS IN LA RECEIVED SEXUAL HEALTH EDUCATION



FUN FACT: ROUGHLY **350** HYGIENE KITS HAVE BEEN PASSED OUT BY OUR MOBILE TEAM TO PEOPLE EXPERIENCING HOUSING INSECURITY



99% PATIENT/CLIENT SATISFACTION



90% OF PREGNANT PATIENTS EQUIPPED TO PARENT AFTER RECEIVING EDUCATION AND SUPPORT AT CLARIS







The Claris Way: OUR MODEL OF CARE







efore PREGNANCY

- SEXUAL-HEALTH EDUCATION (REALITY CHECK) + YOUTH MENTORSHIP
- WELL WOMAN EXAMS
- HEALTH SCREENINGS
- SEXUALLY TRANSMITTED DISEASE (STD) TESTING + TREATMENT



- PREGNANCY TESTING
- OPTIONS EDUCATION
- PRENATAL CARE
- CASE MANAGEMENT + COMMUNITY RESOURCES

PREGNANCY

- PREGNANCY LOSS SUPPORT
- ADOPTION SUPPORT
- THERAPY
- PARENTING EDUCATION CLASSES (CHILDBIRTH, COURT-MANDATED, ETC.)
- CASE MANAGEMENT + COMMUNITY REFERRALS

Campus Update <u>A DREAM</u> <u>COME TRUE</u>

Claris is consistently innovating programs to create a healthier, more stable Los Angeles. To further the vision for collaborative and comprehensive care, we plan to create a permanent home – a community campus in South LA where multiple providers join together to serve, support, and come alongside those at-risk of or facing unintended pregnancies.

The new campus will include a two-story, 20,000 square foot building with medical and office space for service providers (e.g., housing, domestic violence, mental health, specialized medical care, employment services, legal assistance, and more). Included in this campus will be shared classrooms, conference rooms, caseworkers, a safe playground, drop-in childcare while parents visit the campus, and a coffee shop. Our goal is to create a beautiful, safe place for individuals and families to access healthcare and social services under one roof and provide ongoing connection and community. In 2022, Claris initiated its first capital campaign to bring the South LA campus dream to life. It was propelled by the leadership's understanding of the unique challenges and inequities faced by people and families in South LA and a desire to invest in the collaboration of providers to eliminate barriers created by fragmented care. By co-locating agencies that are committed to trauma-informed practices and serving women and families in need, it will be easier for patients to access services, increase their trust in services and providers, and improve outcomes.

To fund this bold vision for the future, the leadership of Claris Health is embarking on a \$24,000,000 dollar capital campaign. Through the campaign, we will invite individuals and community partners, who share our commitment to whole person care, by investing in this critical undertaking for the benefit of those who need us most.



"Our goal is to create a beautiful, safe place for individuals and families to access healthcare and social services under one roof and provide ongoing connection and community."



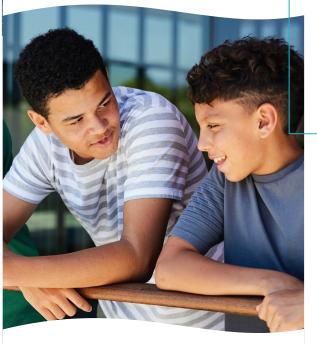
TO LEARN MORE ABOUT THE CAMPAIGN OR TO VIEW A FORMAL BUSINESS PLAN, PLEASE CONTACT EMILY@CLARISHEALTH.ORG.

Newest Updates:

- By June 2023, without yet publicly launching the projected campaign, Claris raised \$11,200,000 in committed funds.
- 3 community partners have formally agreed to become partners/tenants of the new campus.







Stories of Impact <u>REALITY CHECK</u>

"Both speakers did a great job making sure everyone was engaged. I learned that relationships can be restored if both parties are willing to work together."

PARTICIPANT FROM LA CONSERVATION CORPS

"The presentation inspired me so much that I now realize that I want to advocate for young girls who may be going through what I went through, protect kids from predators, and be able to empower others to stand up for themselves."

15 YEAR OLD STUDENT FROM PIONEER HIGH SCHOOL

"I really enjoyed her speaking and I'm so grateful for what she (Reality Check speaker) does. She was the best, very professional and sweet and made sure I understood the info without judging or assuming. Thank you so much for listening and being there for me."

PARTICIPANT FROM GABRIEL'S HOUSE



When Ana and Michael first came to Claris, they were having a difficult time wrapping their heads around becoming new parents, especially after learning that their son would need special care and services. They immediately grabbed hold of the resources available, including parenting education. Ana and Michael learned how to communicate more effectively with each other and their children. Claris was able to help ease the transition into parenthood and help this beautiful family build the community they were seeking.

"You really do end up feeling like you're the only one dealing with things and having a community and sharing the fact that other people are dealing with similar struggles takes a lot of the negative feelings away."

MICHAEL

"Knowing the Claris team is available makes me want to be available for others. What everybody needs is a connection and a little bit of love & that's one of the main things we got from Claris."

ANA

Stories of Impact PREGNANCY LOSS SUPPORT

"In 2017, I joined the Claris pregnancy loss support group. I'm now a mom to two little boys, and as I think about my Claris journey my encouragement to other women is:

No matter what your past situation is, you are still worthy and deserve good things. You are more amazing than you think you are. God is good, and we can be redeemed and forgiven, and we can also still have joy after experiencing loss.

I'm grateful to my support group at Claris that helped me realize this over our many beautiful sessions grieving and processing our losses together."

CHRISTINA



Stories of Impact <u>PARENTING SUPPORT</u>

"When I first found out that I was pregnant, I had just graduated from college and moved to California. When I told my boyfriend, he made it clear that he wanted nothing to do with me or the baby. I suddenly found myself single, homeless, and newly pregnant. I did not know what to do.

I learned about Claris at a community outreach fair for pregnant women. I went to that fair seeking resources, but I left with much more than that when I found out about all that Claris had to offer. I knew that I was no longer pregnant and alone.

Coming to Claris was the exact help and support system that I needed—and the more I went for help, the more resources I got.

- They became my **emotional support** when I joined their parenting classes and birthing bootcamp. It felt very rewarding because I was getting the education that I needed to care for my child.
- They offered **physical support** when I went to my visits, and I was even able to get needed baby items through their baby store.
- They helped me get connected to long-term housing.

The team at Claris was instrumental in building my confidence and drive to create a better future for myself and my child.

Since then, I moved out of California, got a great job, married a wonderful man, and we now have three kids. Life is happening for me now, not to me anymore. To everyone who supports Claris, thank you. I can't say thank you enough."

ALENCIA



Championing the Claris Way: <u>HIGHLIGHTS</u>



2022 GALA RAISED **\$452,888**



765 ACTIVE DONORS, INCLUDING 195 CLARIS CARES MEMBERS (MONTHLY SUPPORTERS)



CLARIS RECEIVES SUPPORT FROM INDIVIDUALS IN 34 DIFFERENT STATES



THANK YOU TO THE VOLUNTEERS WHO DONATED OVER **\$62,000 AND 300+ HOURS** IN SERVICES (INCLUDING LEGAL, CATERING, DESIGN, AND MORE)



307 COMMUNITY PARTNERS CREATING A NETWORK FOR OUR PATIENTS/CLIENTS THAT PROVIDES HOUSING, EMPLOYMENT, SPECIALIZED HEALTHCARE, AND MUCH MORE

> Your Health Matters

2022-2023 IMPACT R

Championing the Claris Way: FINANCIALS

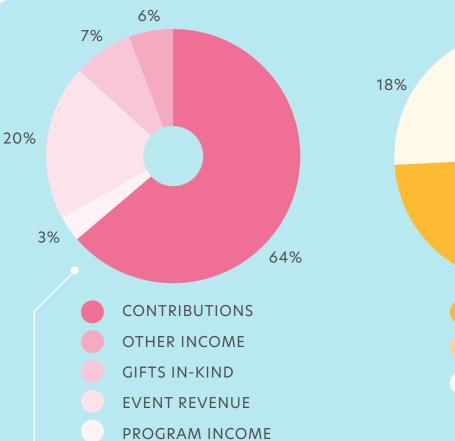
\$0.18 FOR EVERY DOLLAR SPENT: MANAGEMENT & GENERAL THE UNITED STATES OF AME<mark>RIC</mark>A B03542754 WASHINGTON D B03542754 F 2 la 2 SERVES Time F MED ONE DOMANR PROGRAMS **FUNDRAISING** \$0.74 \$0.08 **BREAKDOWN OF PROGRAM DOLLARS SPENT:** 13% MOBILE **CLINIC**

43%

23% sexual health education

21% support / counseling





8% 18% 74% PROGRAM FUNDRAISING MANAGEMENT & GENERAL

EXPENSE

STATEMENT OF ACTIVITIES

FISCAL YEAR ENDING JUNE 30 EACH YEAR

SUPPORT & REVENUE	2023	2022
Contributions	1,299,008	1,427,760
Program Income	64,309	69,371
Event Revenue, net	404,867	566,825
Gifts In-Kind	154,309	123,428
Other income	117,073	1,733
PPP Loan Forgiveness Recognition	-	176,155
Total	2,039,566	2,365,272
EXPENSE	2023	2022
EXPENSE Program	2023 1,647,820	2022 1,364,418
Program	1,647,820	1,364,418
Program Management and General	1,647,820 407,003	1,364,418 296,018



Championing the Claris Way: LEADERSHIP

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www. clarishealth.org

501(c)(3) community-based, non-profit organization in Los Angeles, CA