

NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
<p>For families with children under the age of 5 Got questions? niki@clarishealth.org, (310) 820-2560 Preguntas? monicam@clarishealth.org, (323) 299-9977</p>		<p>1 10am: Holiday Self Care (SC; Must <u>RSVP</u>) 1pm: Holiday Self Care (LYN; Must <u>RSVP</u>)</p>	<p>2 1pm Breakthrough Parenting (English) <u>JOIN ZOOM</u> 7pm: Childbirth Education</p>	3	4	5
<p>SC: Support Center 1609 S. Barrington Ave. 6</p> <p>LYN: Lynwood Clinic 3737 Martin Luther King Jr. Blvd. #205, Lynwood 90262</p>	<p>7 10:30am: Mommy & Me (SC) 1pm: EMA (Zoom) 6pm: Family Law Workshop (Zoom)</p>	<p>8 10am: Nurturing Good Behavior (SC; Must <u>RSVP</u>) 1pm: Nurturing Good Behavior (LYN; Must <u>RSVP</u>)</p>	<p>9 1pm Breakthrough Parenting (English) <u>JOIN ZOOM</u></p>	10	<p>11 10am: Breakthrough Parenting en Español 12pm: Clase de Padre en Español (Zoom)</p>	12
13	<p>14 10:30am: Mommy & Me (SC) 1pm: EMA Academy (Zoom)</p>	<p>15 10am: Maintaining an Attitude of Gratitude (SC) 1pm: Maintaining an Attitude of Gratitude (LYN)</p>	<p>16 1pm Breakthrough Parenting (English) <u>JOIN ZOOM</u></p>	17	<p>18 10am: Breakthrough Parenting en Español 12pm: Clase de Padre en Español (Zoom)</p>	19
20	<p>21 1pm: EMA Academy (Zoom)</p>	<p>22 10am: Parent Support Group (SC) 1pm: Parent Support Group (LYN)</p>	<p>23 1pm Breakthrough Parenting (English) <u>JOIN ZOOM</u></p>	<p>24 </p>	25	26
27	<p>28 1pm: EMA Academy (Zoom)</p>	<p>29 NO CLASS</p>	<p>30 1pm Breakthrough Parenting (English) <u>JOIN ZOOM</u></p>	<p>RSVP To RSVP for any of these classes, please click HERE.</p>		