

For families with children under the age of 5

# CLARIS PARENTING Class Calendar



**June  
for  
now!**

**Mondays, 10:30am**  
**Mondays, 12pm**  
**Tuesdays, 4pm**  
**Wednesdays, 1pm**  
**Wednesdays, 6pm**  
**Thursdays, 6pm**  
**Fridays, 12pm**

Mommy & Me (at Support Center)  
Empowered You (6/6 and 6/13 only; via Zoom)  
Breakthrough Parenting en Español (Zoom)  
Breakthrough Parenting (via Zoom)  
Parent Support Group (via Zoom)  
CRM Training (6/2, 6/9, 6/16; via Zoom)  
Parenting en Español (NO class 6/3; Zoom)

*Would you like a one-one-one? Reach out directly!*

**Niki:** [niki@clarishealth.org](mailto:niki@clarishealth.org)

**Monica:** [monicam@clarishealth.org](mailto:monicam@clarishealth.org)

Contact **Niki** for Zoom login details!

**Got Questions?**

[niki@clarishealth.org](mailto:niki@clarishealth.org)  
(310) 820-2560

**Preguntas?**

[monicam@clarishealth.org](mailto:monicam@clarishealth.org)  
(323) 299-9977