

THE RIPPLE EFFECT



IMPACT REPORT

2021

A review of what Claris Health has accomplished this past year.

2021 PRESENTED A SPECIAL OPPORTUNITY TO SEE THIS RIPPLE EFFECT IN ACTION

This past year, countless lives across Los Angeles and beyond have endured incredible pain, brokenness, and disappointment. As Board President and CEO of Claris, we witnessed our staff, Board, and volunteers stretched in an attempt to meet many of these needs. Services shifted more than anticipated, and, in many ways, a sense of pervasive overwhelm lingers.

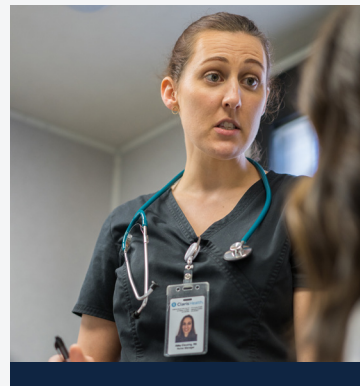
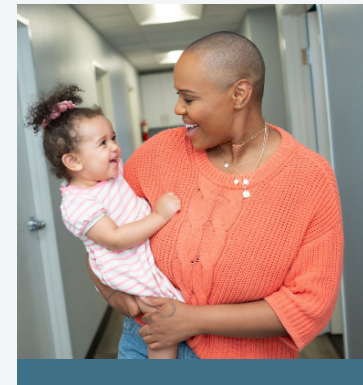
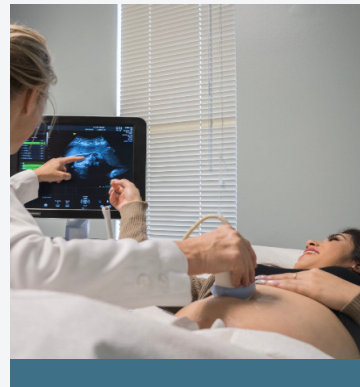
Yet, through it all, and maybe even because of it all, there are precious reminders of what happens when our eyes stay focused on what matters most -- reaching, loving, and caring for the people we are collectively called to serve. Simply saying YES to this calling creates a lasting and contagious ripple effect. Mother Teresa said, **"I alone cannot change the world, but I can cast a stone across the waters to create many ripples."**

2021 presented a special opportunity to see this ripple effect in action as Claris celebrated its 45th anniversary! Through the effort of a multitude of staff and volunteers over the last four and a half decades, tens of thousands of women and families were met with clarity, care, and a genuine sense of compassion.

According to Amen (Board President), "This year Talitha celebrated her 20th anniversary as the CEO of Claris. We have witnessed her continuing to lead Claris with boldness, courage, and passion. She leads, believing that the best days still lie ahead for Claris and works tirelessly so Claris can take another step forward in serving our city well."

Ripples are not static, they are always moving forward. Looking ahead, Claris is executing a carefully planned, strategic vision that began this year by launching a virtual-care model and a thorough "Claris Way" partner agency training and referral network. Read more on page 15. As a result, relationships with clients, patients, and community partners have deepened, and the boundaries of Claris continue to expand.

Looking forward to a new season, we stand firm knowing that God loves this city and its people far more than anyone can imagine. It remains a privilege to serve with you, to cast His light into dark and confusing places, and to paint everlasting pictures of hope.



AMEN BAINS
Board
President

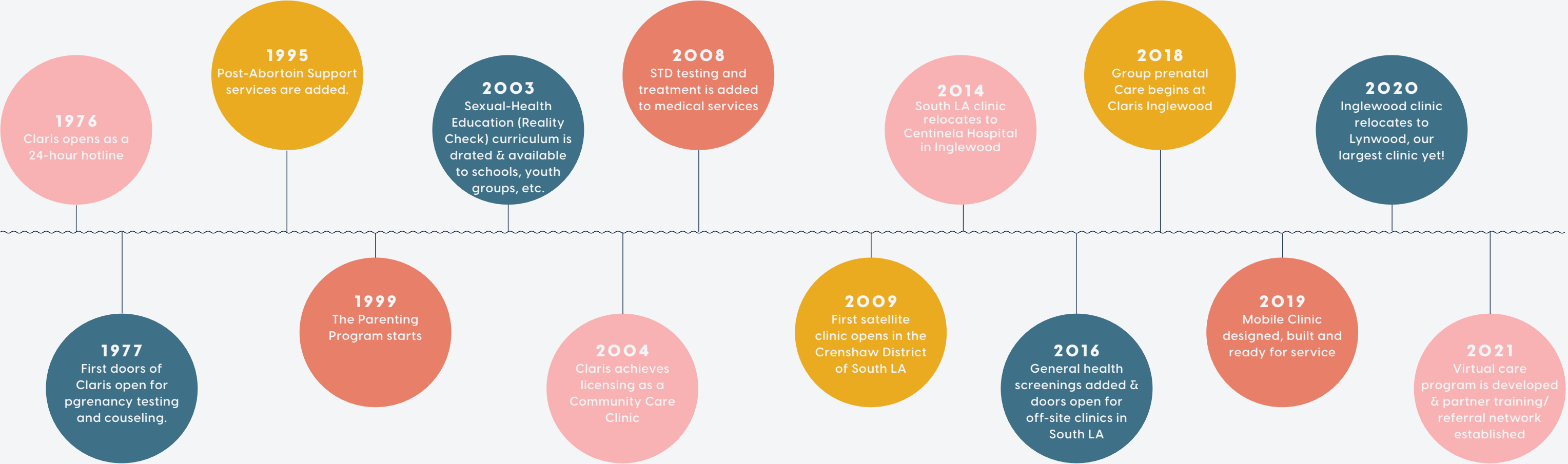


TALITHA PHILLIPS
CEO

CELEBRATING

Claris Health’s 45th Anniversary!

Celebrating can be difficult during seasons of grief, but here are some extraordinary reminders that communities have been formed, lives have been healed, and there is bright hope for the future. **These are the milestones we’ve accomplished together:**



OUR MISSION:

EQUIPPING AND
CARING FOR
INDIVIDUALS AND
THEIR FAMILIES
BEFORE, DURING,
AND AFTER
PREGNANCY AND
SEXUAL-HEALTH
CHOICES.

THE CLARIS WAY

Although Claris Health has continued to grow and develop, our unique approach to health care has remained.

1

BEFORE

Sexual-Health Education (Reality Check)
Youth Mentorship
Health Screenings
Sexually Transmitted Disease Testing & Treatment

2

DURING

Pregnancy Testing
Options Education
Early Prenatal Care + Group Prenatal Care
Case Management + Community Resources

3

AFTER

Pregnancy Loss Support
Adoption Support
Therapy
Parenting Education & Resources

CLIENT LED

Allowing you to guide the discussion process and tailoring care to assist your physical, emotional, and spiritual needs.

CLEAR CHOICE

Exploring the viability of all pregnancy options so you can make a fully-informed choice and own the outcome of your decision.

FAMILY CENTRIC

Giving voice to encourage and empower each member of your family for a collectively healthy future.

INTEGRATED CARE

Wide-ranging support services in the months and years surrounding your pregnancy or sexual health decision.

OUR IMPACT

Serving women and their families before, during and after pregnancy and sexual health choices.

Before

4,295

Students and parents in Los Angeles received sexual-health education.

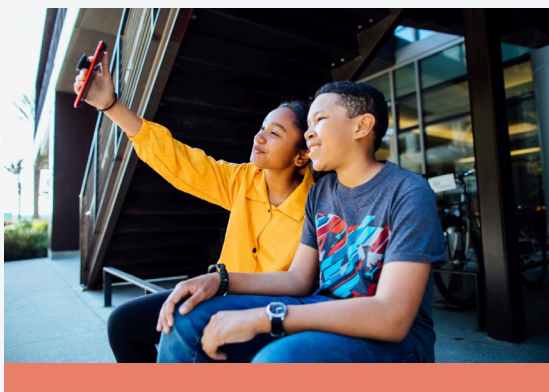
333
Virtual or live presentations

SEXUAL-HEALTH EDUCATION

STD TESTING AND HEALTH SCREENING

710

STD + Health Screening



12TH GRADER, ANIMO HS

"Reality Check taught me many things. I learned how to manage a healthy relationship, knowing the difference between someone actually loving me or if it's just lust. Also, how the media impacts society's expectations on body image. I don't want to base my life on someone else's expectations because I am valuable and unique in my own way. Thank you!"



9TH GRADER, CABRILLO HS

"The most valuable part was getting my questions answered and now having someone to go to if and when I have more!"

During

6,111

Total Services Provided

1,543

Total Patients Served

99%

Client Satisfaction

93%

of pregnant patients were equipped to parent after receiving education and support at Claris



PATIENT

"At Claris, I received testing to confirm my pregnancy, got an ultrasound, and a Case Manager assisted me in filling out the Medi-Cal application. Before Claris, I didn't even know that the Medi-Cal program was available for pregnant women! Everyone was kind throughout the process and the clinician explained (in detail) everything that we were looking at or for in the ultrasound."



CHAD, CLIENT

"Claris Health's safe environment was a foundation that helped my partner, Stephanie, and I to come together and embrace parenthood. The bonding team and experience with the prenatal care classes helped me find my worth as a father."

After

1,281
Parenting Class Participants
Classes include Breakthrough Parenting (court mandated),
Childbirth, Potty Training, Fitness, Discipline and much more.

4,228
Counseling + Support Visits

248
Community Partners
Provide much-needed additional resources + support



ELENA,
THE REGIONAL CENTER
COMMUNITY PARTNER

“Wow! Thank you, Claris, for helping my case management client. I searched tirelessly for resources and support for her but had no luck. What you guys do is amazing and definitely needed for individuals and their families. My client is very happy they found Claris. No organization came through for her client the way you guys did so I’m looking forward to referring more clients to you.”

POST ABORTION
SUPPORT GROUP
PARTICIPANT

“After completing the 10-week support group, it revealed the true purpose of Claris in my life. I initially volunteered to try to clear my own shame, but while serving I got the help and healing I never imagined possible. All of this eventually led to my wife and I to become supporters and donors of this small yet powerful organization.”



STORIES OF IMPACT

Manessah

I was born and raised by my granny in Compton while my dad went through rehab and my mom was on the streets. Emmanuel and I first met in 6th grade, and we got together in 2017 shortly after my mom passed away.

When I found out I was pregnant my initial response was shock. I thought to myself, “You are so dumb. How could you? Why are you even thinking about keeping it?” I was still a kid myself and living with my grandma. I was looking for reasons to talk myself out of it, but I had a strong feeling that I was not supposed to terminate. I knew I loved him (my baby) before he was even here.

Emmanuel couldn’t believe it as well. I thought he’d ask if I was going to keep the baby, but he never did. I grew respect for him at that time because he saw his responsibility in this and he stepped up.

I’m an esthetician, and while I was doing my friend’s eyelashes I told her that I was pregnant. I didn’t know where to go or who to see. She told me about Claris and how it’s right here in Lynwood. I was skeptical at first, but she had three kids and was a part of Claris for all of her kids. I knew she wouldn’t keep coming back to Claris if it wasn’t great. I called in, and Monica (Claris staff member) was incredibly professional and comforting.

I’m most grateful for Lisa, the Claris midwife, and Claris’ prenatal care program. I could always reach out to her, no matter the time of day, with questions or fears. She always got back to me with answers or articles to help assure me that there was nothing to be afraid of. I’ve never had that level of committed help before. She also referred me to my lactation consultant, my doula, and my pediatrician! When I faced postpartum depression, Lisa and I talked through a lot of my emotions. She helped ease my mind that even though I was about to become a young mother, I didn’t have to be afraid. I could do this.

Claris isn’t like a typical doctor’s office - I’ve experienced nothing but love here. I want the Claris team to know that I couldn’t have gotten through this pregnancy without them. My son King was born on May 19th. I’m excited to now join Claris’ parenting program and give King everything I didn’t have growing up -- most importantly the consistent presence of both a mother and a father. I will be telling others about the resources at Claris and passing that knowledge forward too.



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STORIES OF IMPACT

Anisa

My story, which led me to Claris, began when I was only 16. I had gotten pregnant and I had an abortion. What a complicated and difficult decision for a teenager to make.

For a long time I tried to forget that it even happened and move on with life. This was not possible for me. I thought about my child every day for the next 6 years. I would pass the baby aisle in Target and start crying. I would feel guilty often and like God could not forgive me for what I had done. I would also always think of what my child would look like and important dates like the due date were extremely difficult for me mentally and emotionally. I did not know that this was actually very common for women who had experienced abortions. I went on to college and graduated finally feeling comfortable to reveal what was a secret to most of the people in my life. I felt a strong desire to help other women who had similar experiences not feel alone. I then learned about Claris and I wanted to volunteer. When I went for the volunteer orientation, I realized that I was actually the one who needed healing. I did not even know there were therapy groups and Bible studies related to having an abortion or miscarriage. It was definitely a Godsend! I was able to grieve my child in a healthy way. Understanding that my child is safe in heaven with God was one of the most freeing things ever. I now hold a very special place in my heart for Claris. I gave a similar testimony on video for the 2014 GALA because I believe so strongly that sharing my story will help to free others. Claris has always welcomed me with open arms and for that I am eternally grateful. Since going through the group with Claris, I have worked with Claris Health's program Reality Check telling my story and aiding the youth to make informed decisions about sex and healthy relationships. I also volunteered with other non-profit organizations catered to helping teens and women have strong self-esteem and heal from past traumas.

Since Claris had made such a big splash in my life, I am now making ripples in others' lives. Because I have healed, now others can get that same healing and not feel like they are alone in it like I did for so long. I want to talk to the person who is feeling alone right now watching me say this: I assure you, that you are not alone! If you or someone you know has had an abortion or a miscarriage and you need support, please reach out. I know this topic can bring up shame and other emotions for many men and women. However, after my experience with Claris being kind and nonjudgmental about my past and being able to walk in my freedom for years now, I can tell you it is worth it to get the support. You are worth it!

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AN EVEN BIGGER IMPACT

Strategy for further supporting our community.



CREATING A STANDARD WHERE PREGNANCY AND SEXUAL-HEALTH CHOICES BECOME OPPORTUNITIES FOR BRIGHTER FUTURES.

2021 NEW INITIATIVES

VIRTUAL CARE

ABOUT THE PROGRAM

As of March 2021, people from all over the country have permanent access to Claris’ unique services and model of care, giving pregnant women and families anywhere access to Claris’ unique options education, community resources, and support from a trained virtual advocate.

“Our first virtual appointment was with a woman who recently left an abusive relationship due to a disability. She was unable to travel to a Claris clinic. The new virtual appointments were the perfect solution for her as she needed help figuring out housing, disability support, prenatal care, and domestic violence support. Through her virtual visits at Claris, she was able to find the right solutions to meet her special needs, and she and her children are now in a safe living environment.”

CLARIS STAFF

REFERRAL NETWORK

11 community partner agencies in LA County have been trained in the “Claris Way” approach to caring for women and families facing unintended pregnancies. With these agencies, Claris launched an official referral network of providers committed to serving pregnant women and families. This diverse network includes housing, employment, domestic violence, substance abuse agencies and more. There are plans to expand this training and referral network into other U.S. cities in 2022!

“Perinatal and maternal mental health services are a high need in our community. We are excited to be a part of a network that communicates and provides wrap-around support to ensure the health and well-being of all members of the family.”

DANIELLE LOWE
Behavioral Health Services Director
Shields for Families

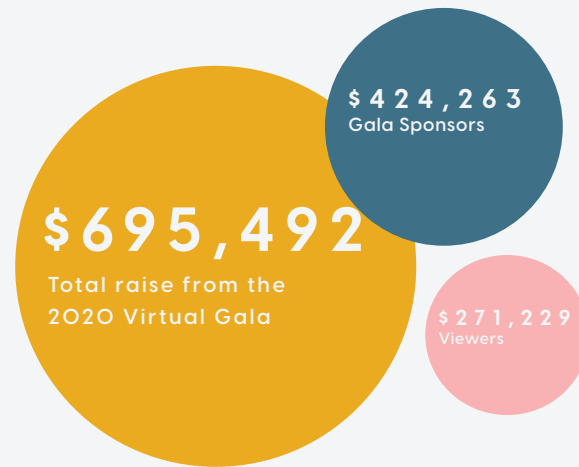
REFERRAL NETWORK

STEP 1 Agency joins the Claris Referral Network	STEP 2 Agency Staff is trained in the Claris Way	STEP 3 Partner meets with pregnant woman.
STEP 4 Partner goes to Claris Referral Network portal & makes a referral. www.claritytogether.com	STEP 5 Virtual advocate receives referral, reaches out to client for an advocate session, and makes referrals to other agencies in the networks.	STEP 6 Claris virtual advocate updates agency staff on status of referral.

16 Partners in Claris Referral Network

CHAMPIONING THE CLARIS WAY

Highlights

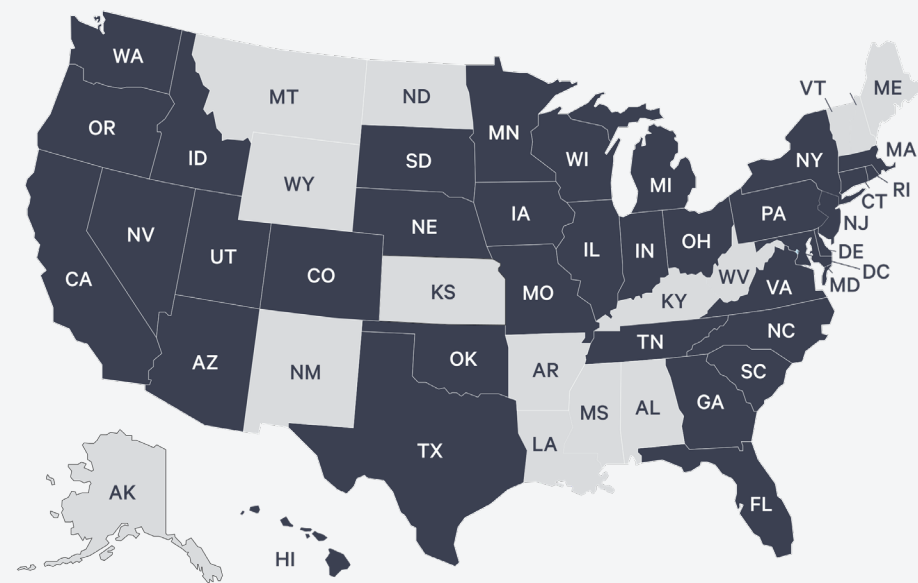


2020 VIRTUAL GALA

Last year we got dressed up and gathered virtually to celebrate our annual gala. Thank you to everyone who attended and supported Claris Health.

NATIONAL SUPPORT

We've received support from 36 states.



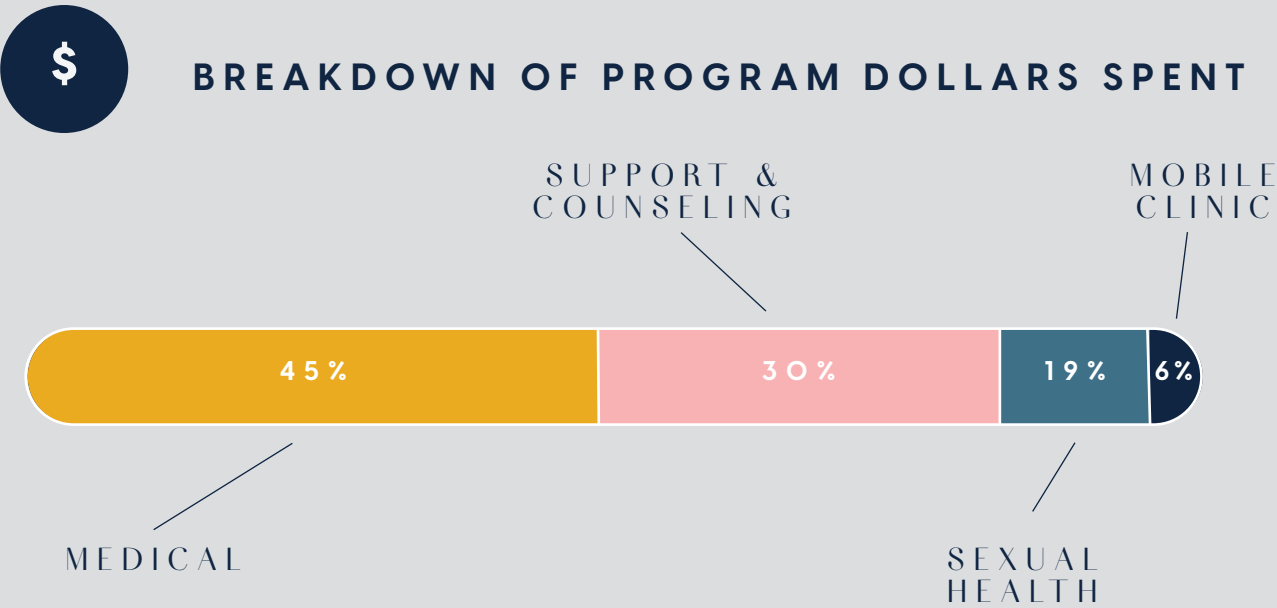
248 LA-BASED COMMUNITY PARTNERS

We're creating a network that provides clients with housing, additional medical care, mental health services, job assistance and much more.

CHAMPIONING THE CLARIS WAY

Our Financials from 2020

The year presented unprecented times, however thanks to the overwhelming support from this community Claris Health was able to adapt and find new, innovative ways to continue serving.



STATEMENT OF ACTIVITIES

FISCAL YEAR ENDING JUNE 30 EACH YEAR

	2021	2020
Support & Revenue		
Fundraising Events	\$751,751	\$488,782
Programs	\$61,137	\$56,026
Grants	\$202,500	\$259,161
Donations	\$990,819	\$879,633
Gifts In-Kind	\$116,324	\$154,655
Rental Income	-	\$15,768
Other <small>(Including PPP Loan Forgiveness)</small>	\$161,191	\$8,893
Total	\$2,283,722	\$1,862,918
Expense		
Program	\$1,434,011	\$1,421,177
Administration	\$150,080	\$148,095
Fundraising	\$124,957	\$177,870
Total	\$1,709,048	\$1,747,142

STATEMENT OF FINANCIAL POSITION

AS OF JUNE 30, 2021

	2021	2020
Assets		
Cash	\$1,634,942	\$991,253
Fixed Assets	\$217,953	\$239,959
Vehicle Deposit	\$0	\$0
All Other Assets	\$30,653	\$36,673
Total	\$1,883,548	\$1,267,885
Liabilities & New Assets		
Total Liabilities	\$248,739	\$242,750
New Assets	\$1,599,809	\$1,025,135
Total	\$1,883,548	\$1,267,885



OUR LEADERSHIP

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TALITHA PHILLIPS CEO	CHARLES HU Member
CHRIS COATES Treasurer	CARLA JANZEN, MD, PHD Member, Medical Director
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Marc Little, Esq.	



WWW.CLARISHEALTH.ORG

501(c)(3) community-based,
non-profit organization
in Los Angeles, California