Success is measured in many ways at Claris, but chief among them is this metric: **how many Angelenos facing unintended pregnancies does Claris equip to make fully-informed choices?** 2018 has been a record-breaking year with an almost 25% increase in patients served!

While we are proud of this growing impact, we do not grow for growth’s sake. We grow because clients need ongoing care, because community partners implore us to extend our reach, because our model of care is exceptional and desperately needed, and because we currently serve only a sliver of LA’s tens of thousands of unintended pregnancies each year.

Our model of care has been labeled **The Claris Way**, and features four key pillars:

- **Family-Centric** — giving a voice to each member of the family and listening with compassion.
- **True Choice** — exploring options that empower healthy decision-making and overcome feelings of fear and entrapment.
- **Client-Led** — allowing women and men to guide discussions that consider their hopes and dreams.
- **Integrated Care** — addressing the physical, emotional and spiritual needs of those served and equipping them each step of their journey.

Given the needs in our communities and Claris’ unique skill set to address them, we are excited to announce two major initiatives to further grow our impact in the city of Los Angeles.

In September 2018 we launched a **group-centered prenatal program** at our Inglewood location. South LA patients often struggle to access adequate prenatal care and are at a greater risk for adverse health outcomes including infant mortality and maternal death. We are stepping into this gap with an innovative, cost-efficient, relationship-centric way to provide care during this critical stage of pregnancy. We expect this initiative to transform the pregnancy experience of more than 100 mothers annually, while also positioning Claris as a go-to recommendation for newly-pregnant women.

Second, we are launching a **mobile medical unit** as a satellite Claris facility. This custom vehicle will visit locations in LA that are known for having poor access to medical care and a high mistrust of the medical community. For far less than the ongoing costs of a brick-and-mortar facility, and with considerably more operational flexibility, this unit will allow us to provide targeted health screenings and medical care. It will also serve as a funnel for patients seeking ongoing care to transition from outlying communities into our permanent locations in Inglewood and West Los Angeles.

This new year brings much excitement about how these initiatives will efficiently and effectively expand Claris’ reach. All of this is made possible by you, our loyal supporters and partners. Thank you for helping deliver the transformative care our clients so desperately need. We will, together, continue to participate in stories of redemption and hope.

**With Gratitude**

Letter from Peter Kingston, President of the Board of Directors and Talitha Phillips, Chief Executive Director

---

In September 2018 we launched a **group-centered prenatal program** at our Inglewood location. South LA patients often struggle to access adequate prenatal care and are at a greater risk for adverse health outcomes including infant mortality and maternal death. We are stepping into this gap with an innovative, cost-efficient, relationship-centric way to provide care during this critical stage of pregnancy. We expect this initiative to transform the pregnancy experience of more than 100 mothers annually, while also positioning Claris as a go-to recommendation for newly-pregnant women.

Second, we are launching a **mobile medical unit** as a satellite Claris facility. This custom vehicle will visit locations in LA that are known for having poor access to medical care and a high mistrust of the medical community. For far less than the ongoing costs of a brick-and-mortar facility, and with considerably more operational flexibility, this unit will allow us to provide targeted health screenings and medical care. It will also serve as a funnel for patients seeking ongoing care to transition from outlying communities into our permanent locations in Inglewood and West Los Angeles.

This new year brings much excitement about how these initiatives will efficiently and effectively expand Claris’ reach. All of this is made possible by you, our loyal supporters and partners. Thank you for helping deliver the transformative care our clients so desperately need. We will, together, continue to participate in stories of redemption and hope.

---

**With Gratitude**

Letter from Peter Kingston, President of the Board of Directors and Talitha Phillips, Chief Executive Director

---

In September 2018 we launched a **group-centered prenatal program** at our Inglewood location. South LA patients often struggle to access adequate prenatal care and are at a greater risk for adverse health outcomes including infant mortality and maternal death. We are stepping into this gap with an innovative, cost-efficient, relationship-centric way to provide care during this critical stage of pregnancy. We expect this initiative to transform the pregnancy experience of more than 100 mothers annually, while also positioning Claris as a go-to recommendation for newly-pregnant women.

Second, we are launching a **mobile medical unit** as a satellite Claris facility. This custom vehicle will visit locations in LA that are known for having poor access to medical care and a high mistrust of the medical community. For far less than the ongoing costs of a brick-and-mortar facility, and with considerably more operational flexibility, this unit will allow us to provide targeted health screenings and medical care. It will also serve as a funnel for patients seeking ongoing care to transition from outlying communities into our permanent locations in Inglewood and West Los Angeles.

This new year brings much excitement about how these initiatives will efficiently and effectively expand Claris’ reach. All of this is made possible by you, our loyal supporters and partners. Thank you for helping deliver the transformative care our clients so desperately need. We will, together, continue to participate in stories of redemption and hope.

---

**With Gratitude**

Letter from Peter Kingston, President of the Board of Directors and Talitha Phillips, Chief Executive Director

---

In September 2018 we launched a **group-centered prenatal program** at our Inglewood location. South LA patients often struggle to access adequate prenatal care and are at a greater risk for adverse health outcomes including infant mortality and maternal death. We are stepping into this gap with an innovative, cost-efficient, relationship-centric way to provide care during this critical stage of pregnancy. We expect this initiative to transform the pregnancy experience of more than 100 mothers annually, while also positioning Claris as a go-to recommendation for newly-pregnant women.

Second, we are launching a **mobile medical unit** as a satellite Claris facility. This custom vehicle will visit locations in LA that are known for having poor access to medical care and a high mistrust of the medical community. For far less than the ongoing costs of a brick-and-mortar facility, and with considerably more operational flexibility, this unit will allow us to provide targeted health screenings and medical care. It will also serve as a funnel for patients seeking ongoing care to transition from outlying communities into our permanent locations in Inglewood and West Los Angeles.

This new year brings much excitement about how these initiatives will efficiently and effectively expand Claris’ reach. All of this is made possible by you, our loyal supporters and partners. Thank you for helping deliver the transformative care our clients so desperately need. We will, together, continue to participate in stories of redemption and hope.

---

**With Gratitude**

Letter from Peter Kingston, President of the Board of Directors and Talitha Phillips, Chief Executive Director

---

In September 2018 we launched a **group-centered prenatal program** at our Inglewood location. South LA patients often struggle to access adequate prenatal care and are at a greater risk for adverse health outcomes including infant mortality and maternal death. We are stepping into this gap with an innovative, cost-efficient, relationship-centric way to provide care during this critical stage of pregnancy. We expect this initiative to transform the pregnancy experience of more than 100 mothers annually, while also positioning Claris as a go-to recommendation for newly-pregnant women.

Second, we are launching a **mobile medical unit** as a satellite Claris facility. This custom vehicle will visit locations in LA that are known for having poor access to medical care and a high mistrust of the medical community. For far less than the ongoing costs of a brick-and-mortar facility, and with considerably more operational flexibility, this unit will allow us to provide targeted health screenings and medical care. It will also serve as a funnel for patients seeking ongoing care to transition from outlying communities into our permanent locations in Inglewood and West Los Angeles.

This new year brings much excitement about how these initiatives will efficiently and effectively expand Claris’ reach. All of this is made possible by you, our loyal supporters and partners. Thank you for helping deliver the transformative care our clients so desperately need. We will, together, continue to participate in stories of redemption and hope.

---

**With Gratitude**

Letter from Peter Kingston, President of the Board of Directors and Talitha Phillips, Chief Executive Director

---

In September 2018 we launched a **group-centered prenatal program** at our Inglewood location. South LA patients often struggle to access adequate prenatal care and are at a greater risk for adverse health outcomes including infant mortality and maternal death. We are stepping into this gap with an innovative, cost-efficient, relationship-centric way to provide care during this critical stage of pregnancy. We expect this initiative to transform the pregnancy experience of more than 100 mothers annually, while also positioning Claris as a go-to recommendation for newly-pregnant women.

Second, we are launching a **mobile medical unit** as a satellite Claris facility. This custom vehicle will visit locations in LA that are known for having poor access to medical care and a high mistrust of the medical community. For far less than the ongoing costs of a brick-and-mortar facility, and with considerably more operational flexibility, this unit will allow us to provide targeted health screenings and medical care. It will also serve as a funnel for patients seeking ongoing care to transition from outlying communities into our permanent locations in Inglewood and West Los Angeles.

This new year brings much excitement about how these initiatives will efficiently and effectively expand Claris’ reach. All of this is made possible by you, our loyal supporters and partners. Thank you for helping deliver the transformative care our clients so desperately need. We will, together, continue to participate in stories of redemption and hope.
Claris means clarity.

Claris Health specializes in caring for individuals and families before, during, and after an unintended pregnancy—bringing clarity each step of the way.

---

**Before Pregnancy**
- Sexual Health Education
- Youth Mentorship
- Health Screenings
- STD/STI Testing & Treatment

**During Pregnancy**
- Pregnancy Testing
- Options Education
- Group Prenatal Care
- Case Management
- Community Resources

**After Pregnancy**
- Pregnancy Loss Support (Miscarriage & Abortion)
- Adoption Support
- Professional Therapy
- Parenting Education & Resources
Impact Snapshot

1746 Total Unique Clinic Patients

99% Patient Satisfaction Rate

1830 Medical Services Provided

13,450 Students Received Sexual Health Education

144 Parenting Classes
Including: Court Mandated Parenting, Childbirth, Potty Training, Baby Sign Language, and more

155+ Community Partners
Including: WIC, Shields for Families, Homeboy Industries, Harvest Home, St. Margaret’s Center, Two Wings, and more

2270 Counseling + Support Services
Including: Pregnancy Options, Parenting, Pregnancy Loss, Adoption, MFT, and more

83% Pregnant Patients Chose to Parent
Upon receiving education and support from Claris
I first came to the states in 2010 seeking asylum from Uganda. Not long after, I got pregnant with a man who trafficked me even though in my head I thought we had a relationship. A friend of mine warned me of the situation I was in and brought me to Claris Health. I was about four months pregnant at the time.

At Claris, I met people who genuinely cared for me with no strings attached. They made me say, “Okay there are some angels in L.A.” That was my new beginning. I started participating in Parenting 1-on-1s to prepare for motherhood. I attended therapy sessions to work through my trauma. They brought back my confidence telling me, “You can do this.” My daughter is now 15 months old and I still have adjustments to make as an individual, but I’m also putting in the work. I’m getting the resources, I’m getting the referrals. I feel I’m back in the game. I know I’m 1000% supported.
I was a 19 year old college student—pregnant for the first time and very confused. My boyfriend at the time completely put the decision in my hands, and I was like, ‘Okay yeah, I guess you’re right. It is my body, so the choice is up to me.’ But in hindsight, I think the way that he responded was actually very cowardly because he put the responsibility completely on me. In my head, [abortion] was the only choice I had. . . Years went by after the abortion and I thought I had put it behind me, but it wasn’t until I got pregnant with our son Austin that I realized I needed help. My husband James encouraged me to join the [post-abortion support] group at Claris.

I think the greatest part of being in the group was that they could put into words the things I felt but couldn’t say myself for so long. My favorite memory was the lantern ceremony we held for our children. Seeing the lanterns with their names float up to the sky—as a way of saying goodbye—brought me so much peace.

James and I both agree that this was one of the best decisions not just for me, but for us as a family. With the help of Claris, I was able to fully embrace the gift that God had given me with another chance at motherhood. Accepting and acknowledging what happened in the past freed me to welcome Austin into this world with great hope and joy.

When I first came into contact with Claris I was lost. Life looked very dark. I was homeless, didn't have a job, didn't have any friends to turn to. I was pregnant and alone. Claris helped me with what I needed to prepare me for my delivery—from baby supplies, diapers, and advice. The birthing bootcamp class helped me to know what questions to ask in labor and how to best communicate with the nurses. Claris has given me a support system. Life looks very different now. I have a job and a place to live. I have a healthy baby. I'm going back to school in June. I never thought that would happen. I've set goals and am accomplishing them. Everything is great and my boy is a little joy. Thank you so much for your continued support of Claris Health!
More than $600,000 raised in one-time and monthly contributions!

Claris staff members are so caring with our clients! Their mission truly aligns with ours in treating people with kindness and respect, while providing quality healthcare services for our families in need.

Mary Agnes Erlandson, St. Margaret’s Center

Community Partners are creating a network for our clients that provides housing, medical care, mental health services, job assistance, abuse counseling, food, and so much more.

Our participants benefit on a more personal level from your class. Reality Check helps them to acknowledge their strength from within and teach them how to use that strength as a tool towards healing and thriving.

Asia Ragland, Two Wings
Thank you to the volunteers who donated close to $100,000 + 900 hours in services, including legal assistance, construction, interior design, childbirth classes, and IT help.

Active Donors

198 Clarity Makers
A group of individuals committed to providing consistent monthly support

34 Organizations

Supporting Claris is such an honor for us because we know there is so much need in Los Angeles and also because it hits so close to home. Coming from a home where he was raised by a single mom, Brandon has such a heart for reaching out to help those families and mothers who don't have the means to always help themselves. God has given us the means to lend support and we will continue to do so as long as possible!

Lindsey and Brandon Rosenthal, Clarity Makers
Financials

For Every Dollar

Program spending breakdown: 37% Medical, 25% Counseling, 23% Sexual Health Education, 15% Support

Support & Revenue

- 42% Donations
- 40% Fundraising Events
- 12% Grants
- 6% Programs

Expense

- 76% Programs
- 12% Fundraising
- 12% Administration

Statement of Activities
Fiscal year ending June 30th each year

<table>
<thead>
<tr>
<th></th>
<th>FY2018</th>
<th>FY2017</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Support &amp; Revenue</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fundraising Events</td>
<td>$641,353</td>
<td>$469,847</td>
</tr>
<tr>
<td>Programs</td>
<td>$99,582</td>
<td>$30,842</td>
</tr>
<tr>
<td>Grants</td>
<td>$201,000</td>
<td>$249,327</td>
</tr>
<tr>
<td>Donations</td>
<td>$671,196</td>
<td>$746,228</td>
</tr>
<tr>
<td>Other</td>
<td>$3,965</td>
<td>----</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>$1,617,096</td>
<td>$1,496,244</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>FY2018</th>
<th>FY2017</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Expense</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program</td>
<td>$1,091,911</td>
<td>$1,096,895</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$175,643</td>
<td>$158,005</td>
</tr>
<tr>
<td>Administration</td>
<td>$167,646</td>
<td>$160,539</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>$1,435,200</td>
<td>$1,415,439</td>
</tr>
</tbody>
</table>

Statement of Financial Position
As of June 30th

<table>
<thead>
<tr>
<th></th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash</td>
<td>$772,211</td>
<td>$641,927</td>
</tr>
<tr>
<td>Fixed Assets</td>
<td>$53,122</td>
<td>$25,654</td>
</tr>
<tr>
<td>All Other Assets</td>
<td>$27,999</td>
<td>$24,847</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>$853,332</td>
<td>$692,428</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Liabilities &amp; Net Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Liabilities</td>
<td>$75,916</td>
<td>$96,908</td>
</tr>
<tr>
<td>Net Assets</td>
<td>$777,416</td>
<td>$595,520</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>$853,332</td>
<td>$692,428</td>
</tr>
</tbody>
</table>
Board of Directors

Peter Kingston
President

Talitha Phillips
CEO

Brian Lee
Treasurer

Anna Park, Esq.
Secretary

Amen Bains
Member

Dr. Olivia Crookes
Member

Laura Dufour, RN
Member

Keith Orso, Esq.
Member

Andrea Regalado
Member

Jennifer Shen
Member

Board of Trustees

Theresa and Bill Armour

Leslie and Dr. Bob Hamilton

Patricia Heaton

Jo Ann and Bob Klein

Tegra and Marc Little

Chris Martinez

Christine Metzler

Seth Mitchell

Tracie and Chris Shepard

Craig Tschudi

Christa Workman, Esq.

Medical Director

Carla Janzen, MD, PhD
Claris Health is a 501(c)(3) community-based, non-profit organization in Los Angeles, California.

We gratefully acknowledge Jacy Corral of Hyssop Design for designing this report.