



 ClarissHealth.

2018 Annual Report

Clarity of choice, every step of the way.



With Gratitude

Letter from Peter Kingston, President of the Board of Directors
and Talitha Phillips, Chief Executive Director



Success is measured in many ways at Claris, but chief among them is this metric: **how many Angelenos facing unintended pregnancies does Claris equip to make fully-informed choices?** 2018 has been a record-breaking year with an almost 25% increase in patients served!

While we are proud of this growing impact, we do not grow for growth's sake. We grow because clients need ongoing care, because community partners implore us to extend our reach, because our model of care is exceptional and desperately needed, and because we currently serve only a sliver of LA's tens of thousands of unintended pregnancies each year.

Our model of care has been labeled *The Claris Way*, and features four key pillars:

- **Family-Centric** — giving a voice to each member of the family and listening with compassion.
- **True Choice** — exploring options that empower healthy decision-making and overcome feelings of fear and entrapment.
- **Client-Led** — allowing women and men to guide discussions that consider their hopes and dreams.
- **Integrated Care** — addressing the physical, emotional and spiritual needs of those served and equipping them each step of their journey.

Given the needs in our communities and Claris' unique skill set to address them, we are excited to announce two major initiatives to further grow our impact in the city of Los Angeles.

In September 2018 we launched a **group-centered prenatal program** at our Inglewood location. South LA patients often struggle to access adequate prenatal care and are at a greater risk for adverse health outcomes

including infant mortality and maternal death. We are stepping into this gap with an innovative, cost-efficient, relationship-centric way to provide care during this critical stage of pregnancy. We expect this initiative to transform the pregnancy experience of more than 100 mothers annually, while also positioning Claris as a go-to recommendation for newly-pregnant women.

Second, we are launching a **mobile medical unit** as a satellite Claris facility. This custom vehicle will visit locations in LA that are known for having poor access to medical care and a high mistrust of the medical community. For far less than the ongoing costs of a brick-and-mortar facility, and with considerably more operational flexibility, this unit will allow us to provide targeted health screenings and medical care. It will also serve as a funnel for patients seeking ongoing care to transition from outlying communities into our permanent locations in Inglewood and West Los Angeles.

This new year brings much excitement about how these initiatives will efficiently and effectively expand Claris' reach. All of this is made possible by you, our loyal supporters and partners. Thank you for helping deliver the transformative care our clients so desperately need. We will, together, continue to participate in stories of redemption and hope.



Peter Kingston



Talitha Phillips

How We Care



Claris means clarity.

Claris Health specializes in caring for individuals and families before, during, and after an unintended pregnancy—bringing clarity each step of the way.

Before Pregnancy

Sexual Health Education

Youth Mentorship

Health Screenings

STD/STI Testing & Treatment

During Pregnancy

Pregnancy Testing

Options Education

Group Prenatal Care

Case Management

Community Resources

After Pregnancy

Pregnancy Loss Support
(Miscarriage & Abortion)

Adoption Support

Professional Therapy

Parenting Education & Resources

Impact Snapshot



1746
Total Unique Clinic Patients

99%
Patient Satisfaction Rate

1830
Medical Services Provided

13,450
Students Received Sexual Health Education

144

Parenting Classes

Including: Court Mandated Parenting, Childbirth, Potty Training, Baby Sign Language, and more

155+

Community Partners

Including: WIC, Shields for Families, Homeboy Industries, Harvest Home, St. Margaret's Center, Two Wings, and more

2270

Counseling + Support Services

Including: Pregnancy Options, Parenting, Pregnancy Loss, Adoption, MFT, and more

83%

Pregnant Patients Chose to Parent

Upon receiving education and support from Claris

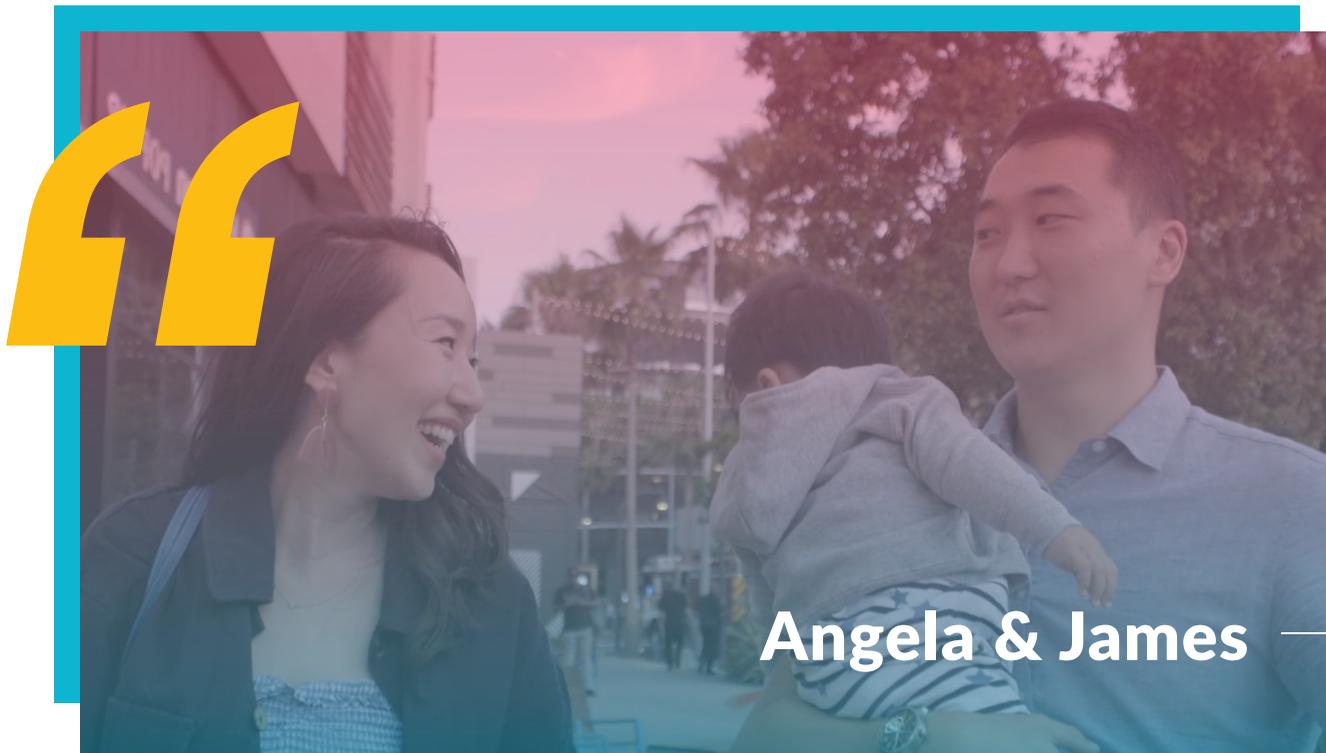
Changed Lives



Michelle

I first came to the states in 2010 seeking asylum from Uganda. Not long after, I got pregnant with a man who trafficked me even though in my head I thought we had a relationship. A friend of mine warned me of the situation I was in and brought me to Claris Health. I was about four months pregnant at the time.

At Claris, I met people who genuinely cared for me with no strings attached. They made me say, “Okay there are some angels in L.A.” That was my new beginning. I started participating in Parenting 1-on-1s to prepare for motherhood. I attended therapy sessions to work through my trauma. They brought back my confidence telling me, “You can do this.” My daughter is now 15 months old and I still have adjustments to make as an individual, but I’m also putting in the work. I’m getting the resources, I’m getting the referrals. I feel I’m back in the game. I know I’m 1000% supported.



Angela & James

When I first came into contact with Claris I was lost. Life looked very dark. I was homeless, didn't have a job, didn't have any friends to turn to. I was pregnant and alone. Claris helped me with what I needed to prepare me for my delivery—from baby supplies, diapers, and advice. The birthing bootcamp class helped me to know what questions to ask in labor and how to best communicate with the nurses. Claris has given me a support system. Life looks very different now. I have a job and a place to live. I have a healthy baby. I'm going back to school in June. I never thought that would happen. I've set goals and am accomplishing them. Everything is great and my boy is a little joy. Thank you so much for your continued support of Claris Health!



Alencia



I was a 19 year old college student—pregnant for the first time and very confused. My boyfriend at the time completely put the decision in my hands, and I was like, ‘Okay yeah, I guess you’re right. It is my body, so the choice is up to me.’ But in hindsight, I think the way that he responded was actually very cowardly because he put the responsibility completely on me. In my head, [abortion] was the only choice I had. . . Years went by after the abortion and I thought I had put it behind me, but it wasn’t until I got pregnant with our son Austin that I realized I needed help. My husband James encouraged me to join the [post-abortion support] group at Claris.

I think the greatest part of being in the group was that they could put into words the things I felt but couldn’t say myself for so long. My favorite memory was the lantern ceremony we held for our children. Seeing the lanterns with their names float up to the sky—as a way of saying goodbye—brought me so much peace.

James and I both agree that this was one of the best decisions not just for me, but for us as a family. With the help of Claris, I was able to fully embrace the gift that God had given me with another chance at motherhood. Accepting and acknowledging what happened in the past freed me to welcome Austin into this world with great hope and joy.

Partners & Supporters

2017 Gala Highlights

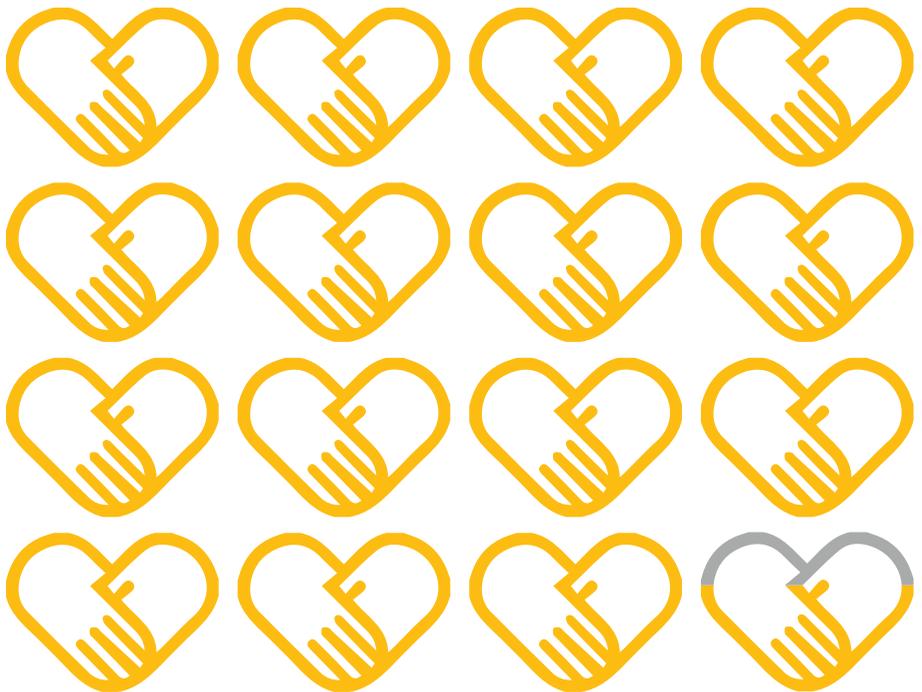


630
Attendees



More than
\$600,000
raised in one-time
and monthly
contributions!

157 Community Partners



Community Partners are creating a network for our clients that provides housing, medical care, mental health services, job assistance, abuse counseling, food, and so much more.



Claris staff members are so caring with our clients! Their mission truly aligns with ours in treating people with kindness and respect, while providing quality healthcare services for our families in need.

Mary Agnes Erlandson, St. Margaret's Center

Our participants benefit on a more personal level from your class. Reality Check helps them to acknowledge their strength from within and teach them how to use that strength as a tool towards healing and thriving.

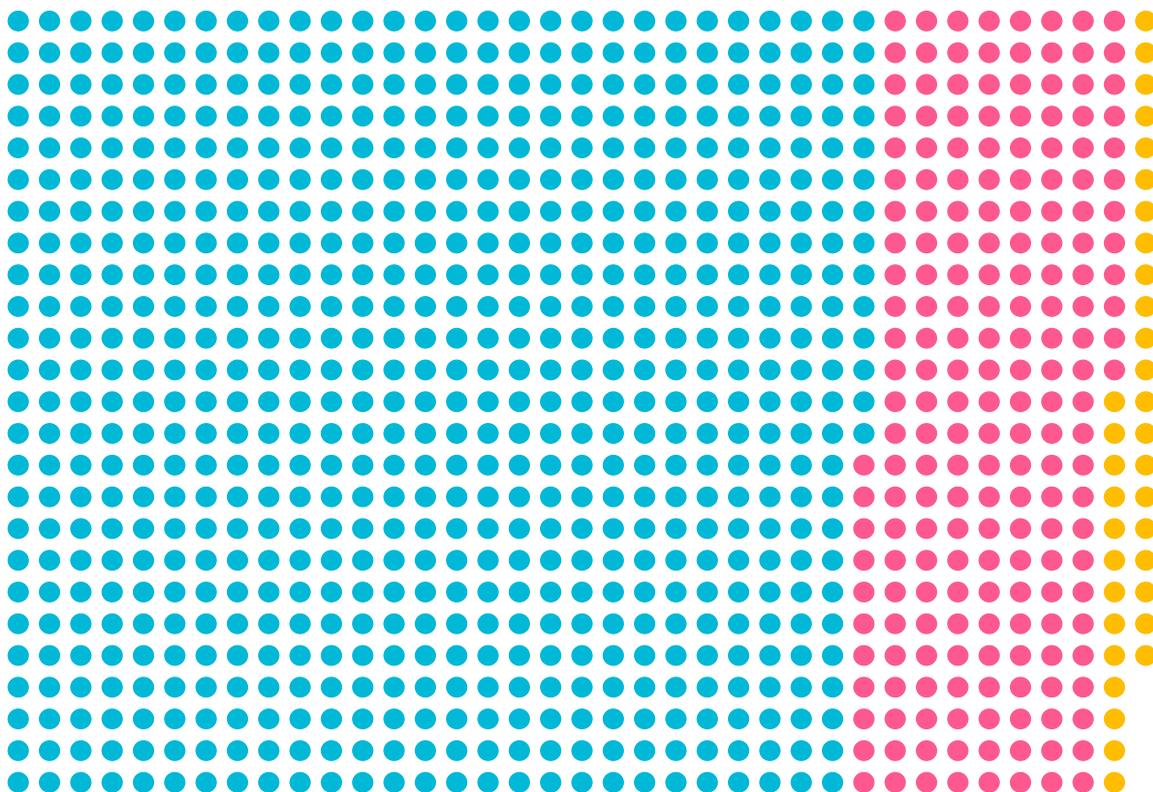
Asia Ragland, Two Wings

Thank you to the volunteers who donated close to **\$100,000 + 900 hours** in services, including legal assistance, construction, interior design, childbirth classes, and IT help.

921
Active Donors

198 Clarity Makers
A group of individuals committed to providing consistent monthly support

34 Organizations



● = 1 Individual Donor ● = 1 Clarity Maker ● = 1 Organization

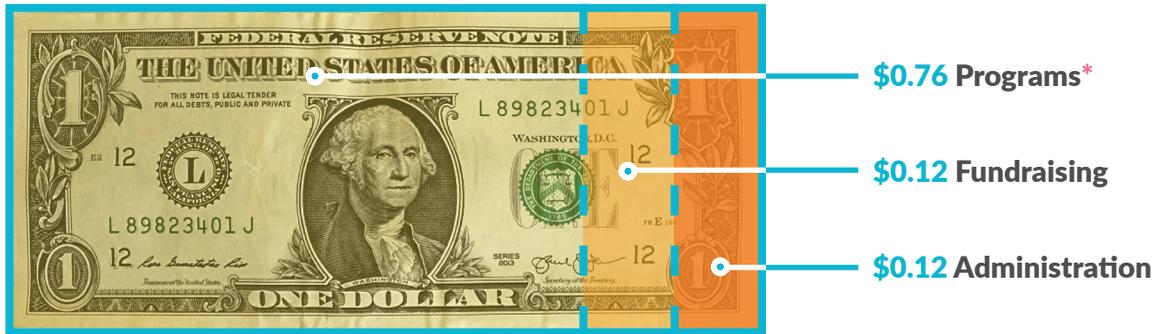


Supporting Claris is such an honor for us because we know there is so much need in Los Angeles and also because it hits so close to home. Coming from a home where he was raised by a single mom, Brandon has such a heart for reaching out to help those families and mothers who don't have the means to always help themselves. God has given us the means to lend support and we will continue to do so as long as possible!

Lindsey and Brandon Rosenthal, Clarity Makers

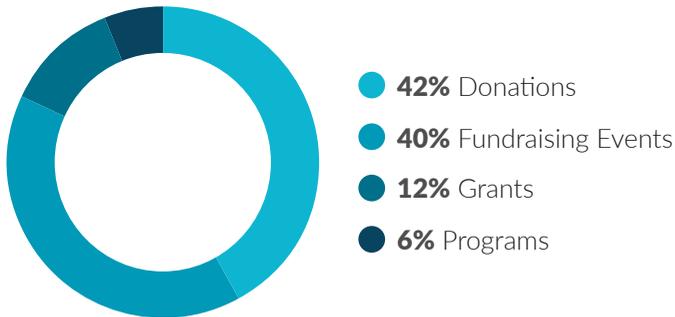
Financials

For Every Dollar

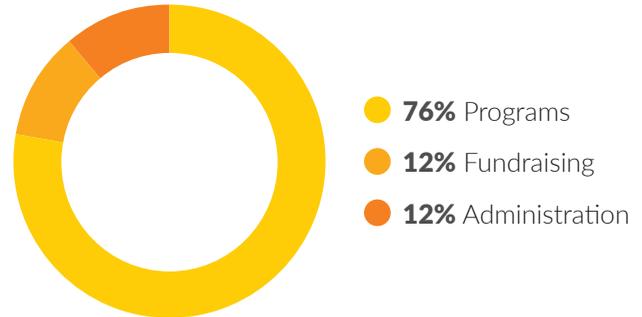


*Program spending breakdown: 37% Medical, 25% Counseling, 23% Sexual Health Education, 15% Support

Support & Revenue



Expense



Statement of Activities

Fiscal year ending June 30th each year

	FY2018	FY2017
Support & Revenue		
Fundraising Events	\$641,353	\$469,847
Programs	\$99,582	\$30,842
Grants	\$201,000	\$249,327
Donations	\$671,196	\$746,228
Other	\$3,965	----
TOTAL	\$1,617,096	\$1,496,244
Expense		
Program	\$1,091,911	\$1,096,895
Fundraising	\$175,643	\$158,005
Administration	\$167,646	\$160,539
TOTAL	\$1,435,200	\$1,415,439

Statement of Financial Position

As of June 30th

	2018	2017
Assets		
Cash	\$772,211	\$641,927
Fixed Assets	\$53,122	\$25,654
All Other Assets	\$27,999	\$24,847
TOTAL	\$853,332	\$692,428
Liabilities & Net Assets		
Total Liabilities	\$75,916	\$96,908
Net Assets	\$777,416	\$595,520
TOTAL	\$853,332	\$692,428

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www.clarisshealth.org



Clariss Health is a 501(c)(3) community-based, non-profit organization in Los Angeles, California.

We gratefully acknowledge Jacy Corral of Hyssop Design for designing this report.